Wasatch County COVID-19 Updates 10/5/2020

Wasatch County cases:

Total cases to date: 855
- Active: 179
- Recovered: 668
- Deaths: 8
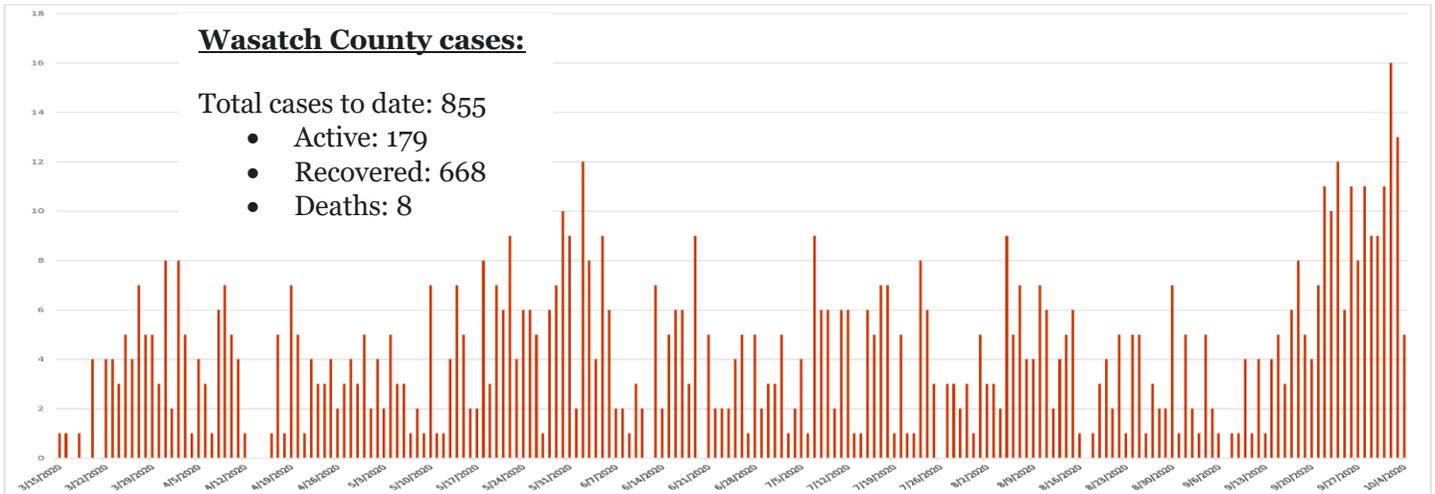
Dr. Erik Christensen, State of Utah Chief Medical Examiner: "Everyday at the Office of the Medical Examiner there are harsh reminders of the seriousness of this disease. I see first-hand the devastating impacts it has on those who are left behind. Let me be clear, these deaths are preventable. None of the individuals who we determine to have died from COVID-19 would have suffered this fate at the time they did had they not been infected with COVID-19."

Gov. Herbert's Press briefing: - Dr. Clark Bishop (Critical care and pulmonary medicine physician from Intermountain's Utah Valley Hospital in Provo) shared his experiences treating those with COVID-19 and he appeals to Utahns to wash hands, wear masks and maintain distancing.

- Governor Herbert announced a grant for small businesses to help with costs associated with quarantining employees. Visit LaborCommission.utah.gov to learn more. He also addressed a recent pandemic response audit, stating that we have learned the importance of preparedness from this pandemic. Follow @BeReadyUtah for preparedness information and planning.

Coronavirus vs Flu: Symptoms are similar

Intermountain Healthcare

Symptoms	Coronavirus (COVID-19) Symptoms range from mild to severe	Influenza (FLU) Abrupt onset of symptoms	Cold Gradual onset of symptoms	Seasonal Allergies Symptoms improve or worsen depending on environment
Fever	Often	Often	Rare	Sometimes
Fatigue	Sometimes	Sometimes	Sometimes	Often
Cough	Often (usually dry)	Often (usually dry)	Mild	Often
Sneezing	No	No	Often	Often
Aches & Pains	Sometimes	Often	Often	No
Runny or Stuffy Nose	Rare	Sometimes	Often	Often
Sore throat	Sometimes	Sometimes	Often	No
Diarrhea	Rare	Sometimes in Children	No	No
Headaches	Sometimes	Often	Rare	Sometimes
Shortness of breath/ Difficulty breathing	Often	Rare	Rare	Rare
Loss of taste and smell	Often	Rare	Rare	Rare

Symptoms of coronavirus and influenza are similar. Moving into flu season it is important to GET A FLU SHOT and to get tested for COVID-19 when exhibiting symptoms. Testing is critical to pandemic response to identify positive cases, to slow the spread, and to understand the state of the pandemic in order to take appropriate actions.

Statement from Heber Valley Hospital about testing: With the increase of COVID-19 positive cases and the increase in the number of people seeking testing Intermountain Healthcare recommends that you call the COVID-19 Hotline to register. The number is 801-442-5445. We recognize there is a wait on the COVID-19 testing line as well as at the testing site. You can use the Call Back feature and Intermountain Healthcare will call you back rather than place you on hold. If you have a difficult time you can reach out to your primary care provider. This is a state-wide issue that we are working to improve every day.